Nebulisers

Although Nebulisers are not available on the NHS we can obtain them for you to purchase.

Holidays

Please ask about your holiday requirements. The pharmacist is always happy to give advice about avoiding any unwanted holiday risks and recommend suitable remedies and precautions. The pharmacist can also offer advice on Malaria prophylaxis if needed.

Hosiery

We can supply stockings ordered by your doctor as well as many other items not available on the NHS. We also offer a measuring and fitting service.

Disabled Access

Wheelchair access is available from the front via a gentle ramp. For any assistance ask a member of staff.

Out of Hours

When the pharmacy is closed, health advice and other information, including details of other local health services, is available round the clock from NHS Choices. You can:

-Go online at www.nhs.uk

-you can call 111 when you need medical help fast but it's not a 999 emergency



Legal

The Pharmacy complies with both **The Data Protection Act** and **The NHS Code on** Confidentiality. For further information please see leaflet "How we look after and safeguard information about you".

We reserve the right to refuse to provide services to individuals who act in a violent, threatening or aggressive manner.

For personal enquiries on our Prescription service and any other matters, you can call us on 01329 842310 or email at titchfield@everettspharmacy.co.uk.

Our Head office address is: Everetts Pharmacy (HO), 42 Bridge Road, Park Gate, Southampton, Hampshire, SO31 7GF

An Independent advocacy service is available to provide you with support for you if your are making, or thinking of making, a complaint about your NHS care or treatment. You can find out more at www.nhscomplaintsadvocacy.org.

Your local office is at: Freepost RTHH-KGST-ZRBC **Health-watch Hampshire**, Westgate Chambers, Staple Gardens, Winchester, SO23 8SR Tel: 01962 440 262

Everetts_{PHARMACY}*

Titchfield



Pharmacist Mrs Caroline Hillier

28 The Square, Titchfield Fareham, Hants, PO14 4RU Tel: 01329 842310

Email: titchfield@everettspharmacy.co.uk www.everettspharmacy.co.uk

Opening Hours

Monday - Friday 8:45am-5:30pm Pharmacist at lunch 1:00pm-2:00pm Saturday 9:00am - 1:00pm

For details of Sunday, Public Holiday and Evening Rotas see notices in our window.



NHS Services Available

As your local community pharmacy, we can offer a wide range of services and facilities for you and your family. We provide NHS services on behalf of NHS England.

Medication Use Reviews (MURS) & New medicine Service (NMS)

You can make an appointment with our pharmacist to discuss how you are getting on with your regular medicines and discuss new medication. It will allow you to learn more about your medicines and ask any questions you may have. If you are experiencing any difficulties with your medicines our pharmacist may be able to help.

Electronic Prescription Service

We are now offering our customers the Electronic Prescription Service, which allows you to nominate a pharmacy to get your medication from. Your GP will then send your prescription electronically to the place you have nominated, saving you time, giving you more choice about where to collect your prescription from and is therefore more convenient.

<u>Free Collection and Delivery Prescription</u> Service

We are able to collect prescriptions from local surgeries and dispense them ready for you to collect. A free home delivery service is available for housebound patients.

Unwanted and Unused Medicines

We help run a nationwide DUMP (disposal of unwanted medicines) campaign so please return all unwanted medicines and we will dispose of them safely. However we cannot accept used needles and lancets. Please contact the local council for collection 01329 236100.

Medicine Containers

All medicines are dispensed in child resistant containers unless otherwise requested. Please remember: **Keep out of reach and sight of children**. Our pharmacist can advise you on safe storage of medicines.

Emergency Hormonal Contraception (EHC)

Free emergency contraception is available when a qualified pharmacist is working. Please call for details.

Smoking Cessation

Some of our staff are qualified NHS quit 4 Life smoking cessation advisors. They provide a NHS funded scheme for people who want to drop in for help or advice.

Advice on Medicines

We carry a wide range of well-known medicines, and the pharmacist & our qualified staff can advise you on the use of these. Your pharmacist can advise on all prescription medicines and minor ailments, as well as alternative and herbal remedies. Health care education and information leaflets are also available.

Other Services Available

Stoma/Incontinence Supplies

We stock, or can get for you, an extensive range of common ostomy and incontinence products. The pharmacist can advise you confidentially in any of these areas.

Special Dietary Requirements

We sell a range of vitamins and minerals and diabetic foods and medicine. We can also get gluten-free, wheat-free foods.

Blood Pressure Testing

You can't tell if your blood pressure is too high. We can now check your blood pressure and offer lifestyle advice about how to stay healthy.