

## NHS Services Available



As your local community pharmacy, we can offer a wide range of services and facilities for you and your family. We provide NHS services on behalf of NHS England.

### **Medication Use Reviews (MURS) & New medicine Service (NMS)**

You can make an appointment with our pharmacist to discuss how you are getting on with your regular medicines and discuss new medication. It will allow you to learn more about your medicines and ask any questions you may have. If you are experiencing any difficulties with your medicines our pharmacist may be able to help.

### **Electronic Prescription Service**

We are now offering our customers the Electronic Prescription Service, which allows you to nominate a pharmacy to get your medication from. Your GP will then send your prescription electronically to the place you have nominated, saving you time, giving you more choice about where to collect your prescription from and is therefore more convenient.

### **Free Collection and Delivery Prescription Service**

We are able to collect prescriptions from local surgeries and dispense them ready for you to collect. Please ask a member of staff for an information leaflet.

### **Unwanted and Unused Medicines**

We help run a nationwide DUMP (disposal of unwanted medicines) campaign, so please return all unwanted medicines and we will dispose of them safely. However we can not accept used needles and lancets.

### **Medicine Containers**

All medicines are dispensed in child resistant containers unless otherwise requested. Please remember: **Keep out of reach and sight of children.** Our pharmacist can advise you on safe storage of medicines.

### **Repeat Dispensing**

We can dispense NHS Repeat dispensing prescriptions issued by your doctor.

### **Emergency Hormonal Contraception (EHC)**

Free emergency contraception is available when a qualified pharmacist is working. Please call for details.

### **Smoking Cessation**

Some of our staff are qualified NHS quit 4 Life smoking cessation advisors. They provide a NHS funded scheme for people who want to drop in for help or advice.

### **Advice on Medicines**

We carry a wide range of well-known medicines, and the pharmacist & our qualified Staff can advise you on the use of these, as well as those that you may be taking on prescription. Your pharmacist can advise on all medicines and minor ailments, as well as alternative and herbal remedies. Health care education and information leaflets are also available.

## Other Services Available

### **Stoma/Incontinence Supplies**

We stock, or can get for you, an extensive range of common ostomy and incontinence products. The pharmacist can advise you confidentially in any of these areas.

### **Special Dietary Requirements**

We sell a range of vitamins and minerals, and can also get gluten-free and wheat-free foods and medicines for prescriptions.

### **Hosiery**

We can supply stockings ordered by your doctor as well as many other items not available on the NHS. We also offer a measuring and fitting service.

### **Nebulisers**

Although Nebulisers are not available on the NHS we can obtain them for you to purchase.

## Holidays

We are happy to provide advice about avoiding any unwanted holiday risks and recommend suitable remedies. The Pharmacist can also offer advice on malaria prophylaxis if needed.

## Weight Management Programme

We can advise you on how to adopt a healthier lifestyle by suggesting changes to your diet or increasing physical activity.

## Disabled Access

Wheelchair access is available from both the front and back of the Pharmacy. The back entrance has automatic doors to enable easy access. For any assistance ask a member of staff.

## Out of Hours

When the pharmacy is closed, health advice and other information, including details of other local health services, is available round the clock from NHS Choices. You can:

-Go online at [www.nhs.uk](http://www.nhs.uk)

-you can call 111 when you need medical help fast but it's not a 999 emergency



## Legal

The Pharmacy complies with both **The Data Protection Act** and **The NHS Code on Confidentiality**. For further information please see leaflet "How we look after and safeguard information about you".

We reserve the right to refuse to provide services to individuals who act in a violent, threatening or aggressive manner.

For personal enquiries on our Prescription service and any other matters, you can call us on 02392 975 979 or email at [cosham@everettspharmacy.co.uk](mailto:cosham@everettspharmacy.co.uk).

Our Head office address is:  
Everetts Pharmacy (HO),  
42 Bridge Road, Park Gate, Southampton,  
Hampshire, SO31 7GF

An Independent advocacy service is available to provide you with support for you if you are making, or thinking of making, a complaint about your NHS care or treatment. You can find out more at [www.nhscomplaintsadvocacy.org](http://www.nhscomplaintsadvocacy.org).

Your local office is at:  
**Healthwatch Portsmouth (Portsmouth only)** 3 St George's Business Centre, St George's Square, Portsmouth, Hampshire, PO1 3EY.  
Tel: 023 9397 7079

# Everetts<sup>+</sup>PHARMACY

## Cosham



Pharmacist Mr Meng Yap

**58-60 High Street, Cosham  
Portsmouth, Hants, PO6 3AG  
Tel: 02392 375 979**

Email: [cosham@everettspharmacy.co.uk](mailto:cosham@everettspharmacy.co.uk)  
[www.everettspharmacy.co.uk](http://www.everettspharmacy.co.uk)

## Opening Hours

**Monday - Friday 8:30am-6:00pm**  
**Pharmacist at lunch 1.00pm-2.00pm**  
**Saturday- 9:00am - 17:00pm**

For details of Sunday, Public Holiday and Evening Rotas see notices in our windows.

Providing NHS Services

